Information on Community Resources with Parenting Component

As the resources below do not include the full array of services offered in the community, please call CAPPC at 1-855-227-7272 for additional assistance with linkage

Hofstra University- Jane and Arnold Saltzman Community Services

1000 Fulton Avenue, Hempstead, New York

(516) 463-5660

Offers anger management for adolescents and adults, stress reduction, individual and group therapy, parent training, Parent Child Interactional Therapy (PCIT), programs for youth with ASD including social skills groups, and other services offered through the Child and Family Trauma Institute and Phobia and Trauma Clinic. The goal of parenting services is to improve the parent-child relationship, learn child management techniques, and reduce the impact of stress associated with parenting. **There is currently a long waiting list for the PCIT Program.**

Services are provided by PhD students and full-time psychologists.

A six-week long parenting group beginning on June 22 will be offered by master’s level interns with a specific goal of teaching parenting skills. Fee for the service is $15/session. The number to call is (718) 570-0500.

Queens College Psychological Center

(718)-570-0500

The Clinic is generally open Monday through Friday, 9 a.m. - 5 p.m. and follows the Queens College Calendar. (Some services may be offered after 5:00). There is an initial fee of $25 for all new applicants for consultation, psychotherapy, or counseling services. Fees for services will be determined based on a sliding scale. QCPC does not accept third party insurance, Medicaid or Medicare. After a brief phone screening, if the clinic can provide the services that the client is requesting, they will be scheduled for an initial screening interview. One or more sessions will be scheduled to complete a comprehensive biopsychosocial evaluation and treatment plan.

Stony Brook

Krasner Psychological Center

(631)632-7830

The KPC provides psychological services to adults, adolescents, children, couples, and families treatment for depression, anxiety, eating disorders, sexual dysfunctions, marital distress, and parenting.  Group programs are periodically conducted for problems of depression, agoraphobia, eating disorders, social anxiety, academic anxiety, transitioning from high school to college. An ADHD group for people between the ages of 18 and 30 is also offered

The KPC has a sliding scale fee schedule for therapy that ranges from $35 to $65 for a 50-minute session. Insurance is not accepted.

**Services are provided by psychology trainees.**

LIU/ Post- Psychological Services at LIU/POST

(516) 299-3211

LIU Post has a Psychological Services Center run by students in the Master’s Program and PhD programs. The center runs from September through July. Services offered include parent training, individual therapy, family therapy, and couples therapy. They also offer specific groups which are developed in the fall and vary from year to year.

The fee ranges from $5 -$40.

P.T.S Coaching

516-802-0593

Is a private entity that services Nassau County and Manhattan. Director Cindy Goldrich, Ed.M, ACAC is a certified ADHD Coach, teacher trainer and parenting specialist. Ms. Goldrich provides a parent workshop series Calm and Connected: Parenting Children with ADHD and offers support groups for parents as well.

The seven-session one and a half hour workshop is $490 per person and $690 per couple. A new group is starting on July 13th.

Adelphi University

The Institute for Parenting at Adelphi

Michelle Green-(516) 237-8531

This is a parent/child program for children between the ages of birth and five years old. Emphasis is on helping improve parent/child relationships in the context of a therapeutic setting. This service is $150 per session with some capacity for lower fees in specific situations.

Center for Psychological Services at St. John’s

(718) 990-1900

This is a mental health facility staffed by trainees from St. John’s PhD program under the supervision of licensed psychologists. Among the services provided are individual psychotherapy, CBT, DBT, and parent/child therapy.

No insurance accepted. The fee for this service is on a sliding scale.

Mental Health Clinics

North Shore Child Guidance 516-626-1971

480 Old Westbury Rd, Roslyn Heights, NY 11577

Do not offer BT for parents of ADHD kids

Can have PCP prescribe meds and be seen by NSCG **for other groups**

New Horizons – 516-569-6600

50 W Hawthorne Ave #3, Valley Stream, NY 11580

Offers BT for parents of ADHD kids

Prescribing and therapy have to done by NH

Wait list, but will try to get patient in ASAP

Stress management, coping group etc

Family Service League – 631-396-2300

90 E 5th St, Huntington Station, NY 11746

Do not offer BT for parents of ADHD kids

If a child is in any therapy FSL have to do both prescribing and therapy

No new referrals at the moment (unsure of when they will restart)

Curriculum depend on clinician and case

Child Center of NY Jamaica – 718-659-4000

1515 Sutphin Blvd, Jamaica, NY 11434

Provides BT for parents of ADHD kids

PCP can prescribe meds

Walk in only Monday, Tuesday, Thursday from 11:30-12:30PM

Curriculum depends on therapist

Maimonides – 718-283-8128

4802 Tenth Ave

Brooklyn NY 11219

Provides BT for parents of ADHD kids (with child)

Maimonides will provide both therapy and medication

Time frame- early July

Curriculum depends on therapist/clinician

Brookdale – 718-240-6217

1 Brookdale Plaza, Brooklyn, NY 11212

Provides BT for parent of ADHD kids

PCP can be the prescriber

No wait list/speak with intake coordinator for appointments

Curriculum depends on clinician

Downstate (Kings County) – 718-245-2516

451 Clarkson Ave, Brooklyn, NY 11203

Do not offer BT for parents of ADHD kids

If a child is in ***any*** therapy they have to do both prescribing and therapy

Intakes in a timely manner

Curriculum depend on clinician and case

\*Phone numbers provided are the for Intake Coordinators

Zucker Hillside Hospital

Central Intake – (718) 470-8100

The Child and Adolescent Outpatient Department offers individual and group work for parents and children. **PCIT** is offered to children between the ages of five and seven and their parents. There are also groups with co-occurring parenting groups for children between the ages of seven and thirteen with emotional dysregulation and poor coping skills.